

CB-BK WE2 2026: Session: 3: COACH evaluation sheet for TEAM: DMB

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Melders Peter

Coaches: Jansen Goele HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 18: 400M FREESTYLE MEN 15-18 Heat:1, starttime: 08:30

Heat: 1/5 Lane : 3 Athlete: TIELEN SANDER Q-time: 04:34:19

PB (50m pool): 04:34.19 Antwerpen 19/04/2026 PB (25m pool): 04:27.84 SB: 04:34.19 Antwerpen 19/04/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:30.09	01:04.27	01:39.91	02:15.03	02:51.04	03:26.18	04:01.20	04:34.19
	00:30.09	00:34.18	00:35.64	00:35.12	00:36.01	00:35.14	00:35.02	00:32.99
								

Coach feedback:

Event number: 19: 400M MEDLEY WOMEN 15-18 Heat:1, starttime: 08:55

Heat: 1/5 Lane : 6 Athlete: WEYTJENS AMBER Q-time: 05:37:46

PB (50m pool): 05:30.81 Antwerpen 12/02/2023 PB (25m pool): 05:23.28 SB: 05:39.26 Antwerpen 19/04/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	05:30.81
	no time							
								

Coach feedback:

Event number: 21: 200M FREESTYLE WOMEN 15+ Heat:3, starttime: 09:51

Heat: 3/10 Lane : 3 Athlete: WEVERS GITTE Q-time: 02:18:28

PB (50m pool): 02:18.28 Eindhoven 28/06/2026 PB (25m pool): 02:15.42 SB: 02:18.28 Eindhoven 28/06/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.96	01:06.99	01:43.07	02:18.28	
	00:31.96	00:35.03	00:36.08	00:35.21	
					

Coach feedback:

CB-BK WE2 2026: Session: 3: COACH evaluation sheet for TEAM: DMB

Event number: 21: 200M FREESTYLE WOMEN 15+					Heat:4, starttime: 09:54
Heat: 4/10 Lane : 3 Athlete: THEUWIS MIRA					Q-time: 02:17:36
PB (50m pool): 02:17.36 Antwerpen 20/04/2025			PB (25m pool): 02:13.54 SB: 02:17.70 Antwerpen 19/04/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.11	01:06.94	01:42.63	02:17.36	
	00:32.11	00:34.83	00:35.69	00:34.73	
					

Coach feedback:

Event number: 21: 200M FREESTYLE WOMEN 15+					Heat:5, starttime: 09:57
Heat: 5/10 Lane : 3 Athlete: THEUWIS RUNE					Q-time: 02:16:28
PB (50m pool): 02:16.28 SportinGenk Park 24/05/2026			PB (25m pool): 02:12.90 SB: 02:16.28 SportinGenk Park 24/05/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.48	01:06.00	01:41.48	02:16.28	
	00:31.48	00:34.52	00:35.48	00:34.80	
					

Coach feedback:

Event number: 22: 200M BUTTERFLY MEN 15+					Heat:1, starttime: 10:14
Heat: 1/5 Lane : 3 Athlete: EVENS VINCE					Q-time: 02:27:97
PB (50m pool): 02:27.97 Eindhoven 28/06/2026			PB (25m pool): 02:32.83 SB: 02:27.97 Eindhoven 28/06/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.24	01:08.19	01:47.64	02:27.97	
	00:31.24	00:36.95	00:39.45	00:40.33	
					

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 15+					Heat:4, starttime: 10:35
Heat: 4/12 Lane : 3 Athlete: WEVERS GITTE					Q-time: 01:12:89
PB (50m pool): 01:12.89 Antwerpen 20/07/2025			PB (25m pool): 01:09.88 SB: 01:12.92 Antwerpen 19/04/2026		
	5 0 M	1 0 0 M			
PB	00:35.20	01:12.89			
	00:35.20	00:37.69			
					

Coach feedback:

CB-BK WE2 2026: Session: 3: COACH evaluation sheet for TEAM: DMB

Event number: 24: 100M FREESTYLE MEN 15+			Heat:3, starttime: 10:58
Heat: 3/22 Lane : 4 Athlete: DAEMEN JUUL			Q-time: 00:58:79
PB (50m pool): 00:58.79 Eindhoven 28/06/2026			PB (25m pool): 00:58.31 SB: 00:58.79 Eindhoven 28/06/2026
	5 0 M	1 0 0 M	
PB	00:27.86	00:58.79	
	00:27.86	00:30.93	
			

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 15+			Heat:11, starttime: 11:10
Heat: 11/22 Lane : 6 Athlete: DAEMEN TUUR			Q-time: 00:56:77
PB (50m pool): 00:56.77 Eindhoven 28/06/2026			PB (25m pool): 00:55.47 SB: 00:56.77 Eindhoven 28/06/2026
	5 0 M	1 0 0 M	
PB	00:27.23	00:56.77	
	00:27.23	00:29.54	
			

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 15+			Heat:13, starttime: 11:13
Heat: 13/22 Lane : 7 Athlete: VEESTRAETEN MATS			Q-time: 00:56:29
PB (50m pool): 00:55.54 ANTWERPEN 30/07/2023			PB (25m pool): 00:55.39 SB: 00:57.75 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	00:55.54	
	no time		
			

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 15+			Heat:15, starttime: 11:15
Heat: 15/22 Lane : 3 Athlete: EVENS MATS			Q-time: 00:55:87
PB (50m pool): 00:55.87 Eindhoven 28/06/2026			PB (25m pool): 00:55.43 SB: 00:55.87 Eindhoven 28/06/2026
	5 0 M	1 0 0 M	
PB	00:26.81	00:55.87	
	00:26.81	00:29.06	
			

Coach feedback:

CB-BK WE2 2026: Session: 3: COACH evaluation sheet for TEAM: DMB

Event number: 25: 100M BREASTSTROKE WOMEN 15+			Heat:2, starttime: 11:29
Heat: 2/11 Lane : 3 Athlete: VANGELOVEN FRAN			Q-time: 01:22:66
PB (50m pool): 01:22.66 Eindhoven 28/06/2026			PB (25m pool): 01:22.98 SB: 01:22.66 Eindhoven 28/06/2026
	5 0 M	1 0 0 M	
PB	00:38.64	01:22.66	
	00:38.64	00:44.02	
			

Coach feedback:

Event number: 25: 100M BREASTSTROKE WOMEN 15+			Heat:2, starttime: 11:29
Heat: 2/11 Lane : 8 Athlete: LAMBRIGTS GITTE			Q-time: 01:23:62
PB (50m pool): 01:23.62 SportinGenk Park 06/04/2026			PB (25m pool): 01:21.68 SB: 01:23.62 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	00:39.74	01:23.62	
	00:39.74	00:43.88	
			

Coach feedback:

Event number: 26: 50M BREASTSTROKE MEN 15+			Heat:2, starttime: 11:49
Heat: 2/12 Lane : 4 Athlete: SERVIRANCKX SENNE			Q-time: 00:33:75
PB (50m pool): 00:33.75 Olympic Pool Wezenberg, Antwer 29/03/2026			PB (25m pool): 00:32.77 SB: 00:33.75 Olympic Pool Wezenberg, Antwer 29/03/2026
	5 0 M		
PB	00:33.75		
	00:33.75		
			

Coach feedback:

Event number: 26: 50M BREASTSTROKE MEN 15+			Heat:6, starttime: 11:53
Heat: 6/12 Lane : 1 Athlete: DAEMEN TUUR			Q-time: 00:32:50
PB (50m pool): 00:32.50 Antwerpen 22/03/2026			PB (25m pool): 00:32.21 SB: 00:32.50 Antwerpen 22/03/2026
	5 0 M		
PB	00:32.50		
	00:32.50		
			

Coach feedback:

CB-BK WE2 2026: Session: 3: COACH evaluation sheet for TEAM: DMB

Event number: 26: 50M BREASTSTROKE MEN 15+				Heat:9, starttime: 11:56	
Heat: 9/12 Lane : 5 Athlete: ORIS TIM				Q-time: 00:31:33	
PB (50m pool): 00:31.33 Eindhoven 28/06/2026				PB (25m pool): 00:30.44 SB: 00:31.33 Eindhoven 28/06/2026	
	5 0 M				
PB	00:31.33				
	00:31.33				
					

Coach feedback:

Event number: 26: 50M BREASTSTROKE MEN 15+				Heat:12, starttime: 12:00	
Heat: 12/12 Lane : 6 Athlete: METTEN VINCE				Q-time: 00:30:33	
PB (50m pool): 00:30.33 Antwerpen 22/03/2026				PB (25m pool): 00:30.28 SB: 00:30.33 Antwerpen 22/03/2026	
	5 0 M				
PB	00:30.33				
	00:30.33				
					

Coach feedback:

Event number: 27: 50M BUTTERFLY WOMEN 15+				Heat:5, starttime: 12:05	
Heat: 5/17 Lane : 7 Athlete: THEUWIS MIRA				Q-time: 00:31:63	
PB (50m pool): 00:31.63 Genk 01/02/2026				PB (25m pool): 00:31.28 SB: 00:31.63 Genk 01/02/2026	
	5 0 M				
PB	00:31.63				
	00:31.63				
					

Coach feedback:

Event number: 27: 50M BUTTERFLY WOMEN 15+				Heat:6, starttime: 12:06	
Heat: 6/17 Lane : 5 Athlete: THEUWIS RUNE				Q-time: 00:31:40	
PB (50m pool): 00:31.40 Eindhoven 28/06/2026				PB (25m pool): 00:30.91 SB: 00:31.40 Eindhoven 28/06/2026	
	5 0 M				
PB	00:31.40				
	00:31.40				
					

Coach feedback:

CB-BK WE2 2026: Session: 3: COACH evaluation sheet for TEAM: DMB

Event number: 28: 200M MEDLEY MEN 15+					Heat:4, starttime: 12:28
Heat: 4/19 Lane : 7 Athlete: TIELEN SANDER					Q-time: 02:28:78
PB (50m pool): 02:28.78 Eindhoven 28/06/2026					PB (25m pool): 02:29.84 SB: 02:28.78 Eindhoven 28/06/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.44	01:10.40	01:54.90	02:28.78	
	00:31.44	00:38.96	00:44.50	00:33.88	
					

Coach feedback:

Event number: 28: 200M MEDLEY MEN 15+					Heat:6, starttime: 12:34
Heat: 6/19 Lane : 1 Athlete: DAEMEN JUUL					Q-time: 02:27:23
PB (50m pool): 02:27.23 Eindhoven 28/06/2026					PB (25m pool): 02:28.49 SB: 02:27.23 Eindhoven 28/06/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.13	01:12.27	01:54.76	02:27.23	
	00:32.13	00:40.14	00:42.49	00:32.47	
					

Coach feedback:

Event number: 28: 200M MEDLEY MEN 15+					Heat:6, starttime: 12:34
Heat: 6/19 Lane : 3 Athlete: EVENS MATS					Q-time: 02:26:69
PB (50m pool): 02:26.69 Eindhoven 28/06/2026					PB (25m pool): 02:24.48 SB: 02:26.69 Eindhoven 28/06/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:29.56	01:07.65	01:54.87	02:26.69	
	00:29.56	00:38.09	00:47.22	00:31.82	
					

Coach feedback:

Event number: 28: 200M MEDLEY MEN 15+					Heat:7, starttime: 12:37
Heat: 7/19 Lane : 6 Athlete: EVENS VINCE					Q-time: 02:25:90
PB (50m pool): 02:25.90 Eindhoven 28/06/2026					PB (25m pool): 02:28.14 SB: 02:25.90 Eindhoven 28/06/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.72	01:07.74	01:52.34	02:25.90	
	00:30.72	00:37.02	00:44.60	00:33.56	
					

Coach feedback:

CB-BK WE2 2026: Session: 3: COACH evaluation sheet for TEAM: DMB

Event number: 28: 200M MEDLEY MEN 15+					Heat:15, starttime: 13:00
Heat: 15/19 Lane : 4 Athlete: ORIS TIM					Q-time: 02:18:86
PB (50m pool): 02:18.86 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): 02:12.57 SB: 02:18.86 Zwembad Brigitte Becue 26/04/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:29.68	01:07.79	01:47.34	02:18.86	
	00:29.68	00:38.11	00:39.55	00:31.52	
					

Coach feedback:

Event number: 28: 200M MEDLEY MEN 15+					Heat:19, starttime: 13:11
Heat: 19/19 Lane : 1 Athlete: METTEN VINCE					Q-time: 02:16:12
PB (50m pool): 02:16.12 Eindhoven 28/06/2026 PB (25m pool): 02:19.54 SB: 02:16.12 Eindhoven 28/06/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.04	01:06.39	01:44.53	02:16.12	
	00:30.04	00:36.35	00:38.14	00:31.59	
					

Coach feedback: